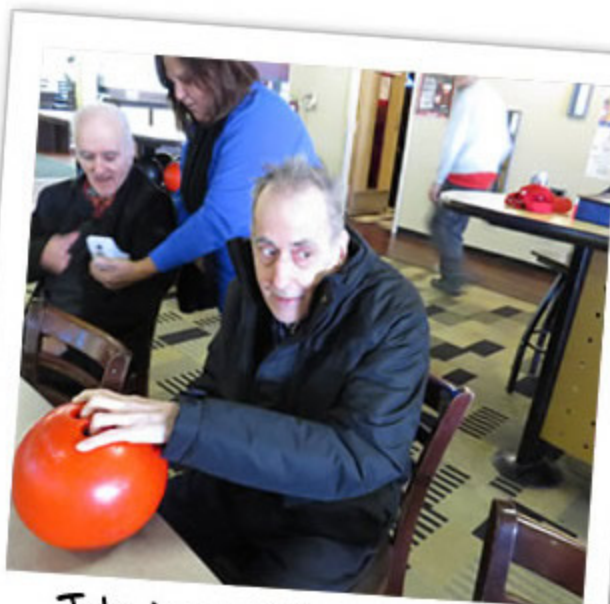


January 12, 2017

John Finally Feels Safe and Secure!

The need to be safe and feel secure is a basic necessity for us all.

But for John, a 77 year old cancer survivor, that wasn't always the case. John is a resident at one of CSS' group homes, but before coming to CSS he was in an abusive relationship and became a victim of domestic violence.



John loves visiting with his friends on bowling trips.

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CSS News

Mark your calendar!



CSS got a make over!
Check out our new and improved website at
www.CSSservices.org

The results are in!
Family Satisfaction Survey.
CSS just received a satisfaction rate of 98% from our families.
See a summary of the results [here](#).

As a timid man, John arrived at the group home with some unhealthy and unfortunate habits. For example, after years of not having open access to food, due to his abuse, John was obsessed with stockpiling it. John was also used to others having control over his money. As a result, buying something for himself—a necessity, or something enjoyable—was difficult for him. John's timid demeanor also made it hard to speak up for himself. He was often afraid to look into the eyes of his housemates or his staff while speaking.



Since moving into the group home, John has found peace that would supply him with safety, support, and guidance.

With the support of Finda, his CSS service coordinator, John has gained confidence and achieved several significant goals. First, he worked on making one purchase a week. The CSS staff encouraged him to buy his favorite snack, a new stress ball, or to participate in a group outing. CSS staff members also encouraged him to speak up for himself. Today, John regularly shares his input and feels confident enough to respond to the questions and prompts of others.



Safe and happy at the CSS group home, John continues to thrive and even joins group bowling and other activities with his housemates. When not out in the community, he enjoys watching TV in his favorite recliner and eating his favorite snack, tea and toast. Your contributions to CSS help make John's security possible. Thank you.



OUR MISSION

CSS is a private nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem and ability to participate in and contribute to community life.

Illinois' largest respite provider

Each year, more than 390,382 hours of service are provided by our dedicated staff. We serve 814 individuals and their families throughout 57 communities in Chicago's western suburbs.

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