

View this email in your browser



June 27, 2019

### See how your support is helping Sandy

When Sandy moved into the Summit group home, her mother was fearful that her transition would not be an easy one.

Sandy is 49 years old and is diagnosed with Down syndrome. She has lived with her mother her entire life, but due to some growing challenging behaviors, CSS staff, her mom, and Sandy agreed that a group residence would give her the support she needed.



Sandy and friends enjoy game day at day program (Sandy in pink)

Happily, Sandy proved her mom wrong and transitioned into her new home better than anyone could have expected. Within a month, Sandy established a routine and goals to achieve each day. She likes being independent and works each day to make her bed and do her own laundry. Although Sandy does not communicate verbally very well, she advocates for herself through written notes that she gives to the staff.

I am play games  
with my friends  
at the day program.  
I am having fun  
with Danielle she is  
she is nice girl

Prior to moving into the Summit house, Sandy liked to stay up all night and sleep until late afternoon because she did not have a schedule or a daily routine. But today, Sandy wakes up early and goes to CSS' day program. She loves the structured environment in which she gets to choose how to spend her day.

**"Sometimes families worry that their children will not do well outside of their home environment, but we often find the opposite is true. Sandy is progressing quicker than ever imagined. Keeping a schedule and having things to keep her busy has helped her to flourish."**

**-Victoria Adeoti, Summit House Manager.**

Now that Sandy is happy and thriving in her new home, her mom, Kathy, has more independence too. This summer she took a trip to Michigan by herself and even looked up relatives out of state, something she could not have done while caring for Sandy in her home.

Your support is so important to create community environments like this. Funding from the state barely covers the basics for the home and many critical expenses are left underfunded.

Our Residential and Independent Living Services are designed to help adults with intellectual/developmental disabilities access a broad spectrum of supportive services so that they can lead independent lives. Our participants have different needs; so, the resources and services that we provide are tailored specifically for each person and last as long as necessary. CSS owns and operates eight group residential homes in the community.



**The residents at the Brookfield home need your help!**  
The five roommates in CSS' Brookfield home are in need of some new furniture including a new couch, loveseat, tables, and lamps. Basic needs such as furniture are not covered by state funding. Your gift will not only provide décor, but also dignity to transform lives.

**Donate Today!**

9021 Ogden Avenue  
Brookfield, IL 60513  
708.354.4547  
[www.CSSservices.org](http://www.CSSservices.org)



**Does your company need CPR training?**  
CSS provides professional and affordable CPR and First Aid certification training in the convenience of your office or at our offices in Brookfield or Cicero. For more information email [training@cssservices.org](mailto:training@cssservices.org) or call 708-354-4547 ext. 170.

**Download PDF Of This Issue**  
**CSS News**



**OUR MISSION**  
CSS is a private nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem and ability to participate in and contribute to community life.

**Illinois' largest Respite Provider**  
Each year, more than 380,026 hours of service are provided by our dedicated staff. We serve 759 individuals and their families throughout 51 communities in Chicago's western suburbs.

**Funding for CSS services is provided by state and private funding, and support from these townships:**



Copyright © 2018 Community Support Services. All rights reserved.  
You subscribed to our email list via our website.

**Our mailing address is:**  
Community Support Services  
9021 Ogden Avenue  
Brookfield, IL 60513  
Add us to your address book

Want to change how you receive these emails?  
You can update your preferences or unsubscribe from this list.