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Around the Circle  
A Monthly Newsletter from Community Support Services



August 14, 2018

### CSS Adds Professional Dance Instructor to Community360 Day Program

As the **Community360 Day Program** celebrates its first year of completion, the curriculum shows no sign of getting stale. The latest addition is a Tuesday afternoon dance class led by Vincent Tufano, a professional dancer and founder of **From the Heart: We 2 Can Dance**, a dance program for individuals with disabilities.

Vince developed muscular dystrophy in the middle of his career and has used a wheelchair for eight years. Although the disease has immobilized his legs, it has not dampened his spirit. He continues his passion for dancing, and now channels his energy into encouraging people with disabilities to achieve what they set their minds to.



Participants enjoy dancing, no matter their age or disability.

Vince has repeatedly defied the odds while accomplishing some great things. He is the Chicago Ambassador for the Abilities Expo, teaches dance at other nonprofits, such as Shriners Hospital, and he's no stranger to hard work. In 2017, Vince won the Chicago Triathlon in the wheelchair division. He also competed, and took First Place twice, in adaptive rowing competitions.

**"We are so grateful that Vince has joined us, he has made all the participants feel comfortable and have fun in an inclusive environment,"** says Mario Martinez, Director of Family Support, who oversees the Community360 program.

Vince knows that dance can do so much. Dance improves function and gives individuals an outlet to express themselves.

**"Tuesday has become one of the most rewarding days of my week. Dance class at CSS reaffirms what I want to show the world; that no matter what disability you have, whether it is physical or developmental, nothing should stop you from doing what you love to do,"** says Vince.



Danielle and Vince dancing to Backstreet Boys.

The **Community360 Day Program** is a perfect fit for

Vince's dance class because the day program focuses on individual choice. The participants choose how they spend their day and select the activities they participate in. The dance class is already a group favorite.

To learn more ..... about **From the Heart: We 2 Can Dance**, and watch Vince in action, visit <https://youtu.be/smJq6rAENME>.

The Abilities Expo brings necessary products and services together under one roof for the community of people with disabilities, their families, caregivers, seniors, and healthcare professionals. For more information, visit <https://www.abilities.com/chicago/>.

Families are encouraged to join the Illinois Prioritization of Needs List or (PUNS). Although services for people with intellectually/developmental disabilities are underfunded in Illinois, registering puts loved ones in line to qualify for services. To learn more, visit [here](#) or call our Intake Department CSS at (708) 354.4547 x143.



Thank you so much to everyone that generously purchased school supplies for a student in need for the upcoming school year through our Teacher's Pet program. With your help, over 50 students are going to start the year off right.

Donate Today!

9021 Ogden Avenue  
Brookfield, IL 60513  
708.354.4547  
[www.CSSservices.org](http://www.CSSservices.org)



The CSS Academy production group artists showed off their artwork and celebrated their accomplishments at the Brookfield Public Library on Friday, August 10. The event had a great turnout with over 40 people in attendance. The event with the library was part of their Community Art Initiative. If you were not able to stop by, you can still view and purchase some of their art on our Etsy page by clicking [here](#).

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CSS News



#### OUR MISSION

CSS is a private nonprofit agency that initiates, provides and promotes services for people with intellectual/developmental disabilities and their families, within their communities, in order to strengthen their independence, self-esteem and ability to participate in and contribute to community life.

#### Illinois' largest Respite Provider

Each year, more than 380,026 hours of service are provided by our dedicated staff. We serve 759 individuals and their families throughout 51 communities in Chicago's western suburbs.

Funding for CSS services is provided by state and private funding, and support from these townships:



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